

WICHITA MEDICAL RESEARCH
AND EDUCATION FOUNDATION
3306 E. CENTRAL
WICHITA, KS 67208



30th Annual
Maternal Child
Nursing Symposium

30th Annual Maternal Child Nursing Symposium

Friday, Oct. 11, 2019



Cessna Conference Center
at
Wesley Medical Center
Wichita, Kansas

Funded by the
Wichita Medical Research
and Education Foundation



Description

A year and a half ago, Marjory Stoneman Douglas High School in Florida was the site of a mass shooting that left the school, city, and nation reeling. As the one year anniversary of the tragic shooting was approaching, those who were left physically unscathed from that horror found life too difficult to live any longer, and some took their own lives. Dr. Chris Ebberwein, psychologist, will share insight into survivor guilt. He will enlighten us as to how to help those struggling with intense feelings, and offer options to help in their healing.

If you were to find yourself in a situation where someone was massively bleeding, would you know the best steps to help them? Wesley Medical Center's Trauma Department staff will discuss appropriate interventions in their presentation, "Stop The Bleed," that will potentially save lives.

Leeanne Mullen, MEd with Wichita State University, will address trauma-informed care by discussing how scary traumatic events in the early childhood years could impact our later lives. Leeann also will talk about compassion fatigue, compassion resilience, and how to refill our own compassion tanks.

As if pregnancy is not complicated enough already, add in an opioid addiction! Dr. Daniel Warren specializes in the treatment of opioid use disorder. He will share his vast knowledge on the appropriate treatment options and risks versus benefits of treatment, as well as withdrawal plans.

Agenda and Objectives

7:00 a.m.	Registration
7:55 a.m.	Welcome and Announcements
8:00 a.m.	<p>A Good Thing Gone Wrong: Examining Survivor Guilt Through the Lens of Positive Psychology Chris Ebberwein, PhD, Licensed Psychologist, Behavioral Science Educator, <i>Wesley Family Medicine Residency</i>, Wichita, Kansas</p> <p><u>Objectives</u></p> <ul style="list-style-type: none"> ♦ Explore conditions and circumstances that lead to survivor guilt ♦ Examine options for healing from survivor guilt
9:15 a.m.	Break / Exhibits
9:40 a.m.	<p>Stop the Bleed K. Nicole Law, RN, and Alyssa Mikal, RN, Wesley Medical Center Trauma Department, <i>Wesley Medical Center</i>, Wichita, Kansas</p> <p><u>Objectives</u></p> <ul style="list-style-type: none"> ♦ Recognize and identify life-threatening bleeding ♦ Take steps to stop the bleeding with pressure, packing and tourniquets
10:55 a.m.	Stretch break
11:10 a.m.	<p>Introduction to Adverse Childhood Experiences (ACES) and Trauma-Informed Care Leeanne Mullen, MEd, Project Specialist, Community Engagement Institute, <i>Wichita State University</i>, Wichita, Kansas</p> <p><u>Objectives</u></p> <ul style="list-style-type: none"> ♦ Define the ACES science and how it relates to maternal child health ♦ Identify the elements of Trauma Informed Care
12:25 p.m.	Lunch (provided)
1:00 p.m.	<p>Caring for Pregnant Women With Opioid Use Disorder Daniel Warren, MD, Assistant Professor, Department of Family and Community Medicine, <i>University of Kansas School of Medicine – Wichita</i>, Kansas</p> <p><u>Objectives</u></p> <ul style="list-style-type: none"> ♦ Describe the current state of the opioid epidemic at the national and state level ♦ Provide effective informed consent regarding the risks and benefits of medication-assisted treatment and withdrawal in pregnant women with opioid use disorder ♦ Choose appropriate level of care for treatment of opioid use disorder in pregnant women
2:15 p.m.	Stretch break
2:30 p.m.	<p>Cultivating Compassionate Cultures Leeanne Mullen, MEd</p> <p><u>Objectives</u></p> <ul style="list-style-type: none"> ♦ Define and identify compassion fatigue and compassion resilience ♦ Identify strategies that will help build your own compassion resilience
3:45 p.m.	Evaluation and Adjourn

30th Annual Maternal Child Nursing Symposium

Credit and Registration Information

RN, LPN – 7.5 hours The Wichita Medical Research and Education Foundation has contracted with Wesley Medical Center as an approved provider of CNE by the Kansas State Board of Nursing. This symposium is approved for 7.5 contact hours applicable for RN and LPN relicensure. Kansas State Board of Nursing provider # LT 0085-0327

Respiratory Care – 7.5 hours The Wesley Medical Center Respiratory Care Continuing Education Evaluator has approved this program for 7.5 contact hours Respiratory Continuing Education, on behalf of the Kansas Respiratory Care Society, a chapter society of the AARC. Providership #029

EMS – 7.0 hours Wesley Medical Center, an accredited approver of continuing education by the Kansas State Board of Emergency Medical Services, has approved this program for 7.0 contact hours. Program provider #3369

► **Registration fee** covers program costs, syllabus materials, breaks and lunch. A registration discount is provided for participants who register by Sept. 30, 2019.

- Attendance at the entire class is required to receive full credit.
- If you preregister and cannot attend, please call (316) 962-3385 to cancel.
- Registration fees will be refunded (subject to a \$10 handling fee) if cancellation is received before 5 p.m. on Oct. 4, 2019.
- No refunds will be processed after Oct. 4, 2019.
- Infants and children may not attend the symposium.
- We reserve the right to make appropriate program and speaker changes as deemed necessary.
- The temperature of the conference room varies. For your comfort, we suggest you bring a sweater or jacket.
- Audio and/or videotaping is not permitted.

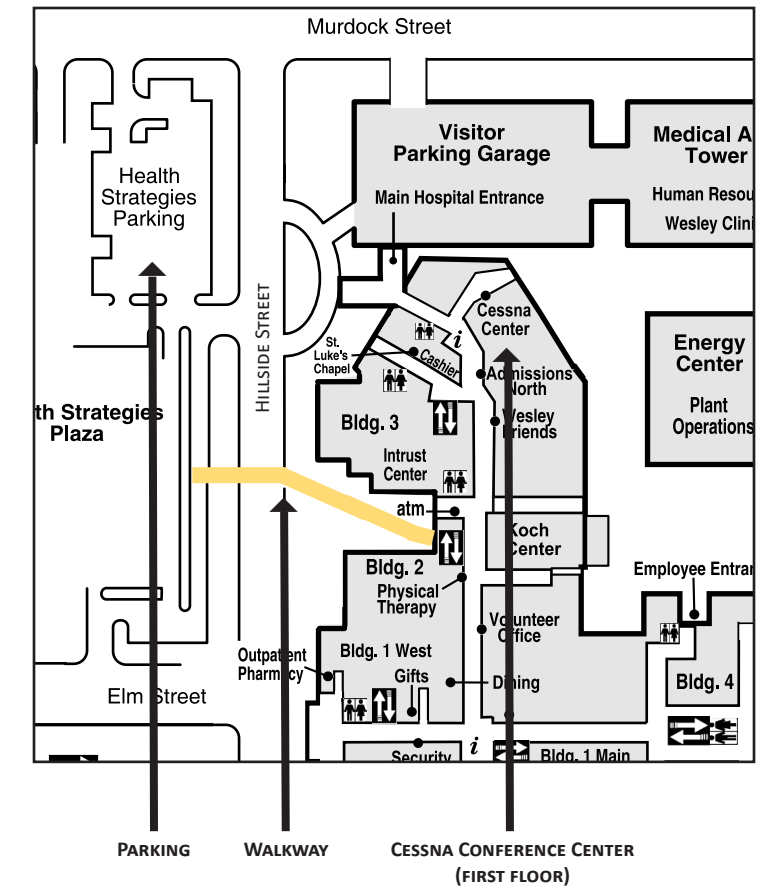
Location and Parking

The Maternal Child Nursing Symposium will be held in the Cessna Conference Center at Wesley Medical Center, 550 N. Hillside, Wichita, KS (located at Central and Hillside).

Participants may park on the fourth floor and above of the Health Strategies parking garage (551 N. Hillside). There is an enclosed walkway from the fourth floor of the parking garage to the second floor of Wesley. Cessna Conference Center is on the first floor.

Special Accommodations

WMREF and Wesley Medical Center provide auxiliary aids and services to ensure that any individual with a disability is included, provided services and treated like all other individuals. If you need special accommodations to attend this program, please write to Clinical Education, Wesley Medical Center, 550 N. Hillside, Wichita, Kansas 67214-4976, or call the department at (316) 962-3385.



Acknowledgments

Funding for the Annual Maternal Child Nursing Symposium was originally created through a contribution from the WMC Women's Association in 1989 to Care and Pastoral Education Inc., now residing within the Wichita Medical Research and Education Foundation (WMREF).

All symposium accommodations and educational program planning are coordinated by Clinical Education at Wesley Medical Center on behalf of WMREF.



Planning Committee

- **Hope Helferich**, BSN, RNC-OB, C-EFM, – *Clinical Educator, Symposium Director, Wesley Medical Center*
- **Jessica Baker**, BSN, RN, – *Clinical Educator, Wesley Medical Center*
- **Tomas Hernandez**, APRN, PNP – *Clinical Educator, Wesley Medical Center*
- **Danielle Lyman**, BSN, RNC-OB, C-EFM – *Clinical Educator, Wesley Medical Center*
- **Dawn Norris**, MSN, BSN, RN – *Clinical Educator, Wesley Medical Center*

Registration

Please check the appropriate box. Payment must accompany registration. Fee includes lunch and breaks.

- \$60 if postmarked on or before September 30, 2019.
- \$70 if postmarked after September 30, 2019.
- \$80 Walk-in registration (cash or credit cards only)
- Check is enclosed for the total amount of \$ _____

Make check payable to:
WMREF/Maternal Child Nursing Symposium

Bill my credit card for total amount of \$ _____
(Debit Card payments are not available)

Visa MasterCard Discover

Exp. Date: _____

Signature: _____

Name: _____

Address: _____

City/State: _____ Zip: _____

WMC Employee 3/4 ID# _____

OR _____

Non-WMC Employee: Social Security # (last four digits only): _____

Classification: ARNP RN LPN RCP EMS Other: _____

Day Telephone: () _____ License # _____

Email: _____

Online registration available at www.wichitamedicalresearch.org

Or mail registration and payment to:

WMREF, 3306 E. Central, Wichita, KS 67208

or FAX (316) 687-0033

For questions, call (316) 962-3385