



**Townsend** **38th Annual**  
*Cardiovascular*  
NURSING SYMPOSIUM

FRIDAY, SEPTEMBER 15, 2023 • ONE-DAY VIRTUAL SYMPOSIUM

# WELCOME

As the field of cardiology expands, a multitude of opportunities in the treatment of cardiovascular diseases is available to enhance outcomes for patients. This one-day symposium brings national and local expert faculty to the virtual platform to present on a variety of cardiovascular related topics.

## OBJECTIVES

Upon completion of this symposium the participant should be able to...

- Discuss symptoms, labs, EKG changes, and complications of MI based on area of infarct, need for immediate treatment of STEMI versus NSTEMI and subsequent medical treatment and necessary follow-up care of MI patients after discharge.
- Identify and differentiate between HFrEF and HFpEF types and associated goal-directed medical therapy for patients while describing updates to the American College of Cardiology's recommendations for patients diagnosed with heart failure.
- Discuss the management of atrial fibrillation and alternatives to anticoagulation in high-risk patients. Review treatment strategies and procedures for aortic stenosis, mitral insufficiency and diagnostic workups and treatment strategies for ventricular arrhythmias.
- Outline best practice recommendations to prevent legal recourse through discussing EMR documentation pitfalls and describing reportable or potentially reportable nursing actions as they relate to patient care.
- Apply knowledge acquired to complex, critically-ill patient cases by identifying the advantages and disadvantages of commonly used antithrombotics and discussing the role of monitoring antithrombotic therapy in critically ill patients.

## ACKNOWLEDGMENTS

Raymond L. and Mildred Townsend established the Townsend Fund in the Fall of 1982. The purpose of the fund is to provide advanced special and continuing education for coronary care nurses. It is with this purpose in mind that the Annual Townsend Cardiovascular Nursing Symposium has been instituted. All symposium accommodations and educational program



# AGENDA

8:00 AM Welcome

8:10 AM **Acute MI: Diagnosis to Discharge**  
Gail Markowski, DNP, ANP-C, ACNP-C, CCRN  
*Adult-Gerontology Nurse Practitioner Program Director,  
State University of NY at Buffalo  
Structural Heart Program Co-Coordinator,  
Catholic Health System – Mercy Hospital of Buffalo  
Buffalo, New York*

9:25 AM **Break**

9:35 AM **Updates in Heart Failure Management**  
Lisa M Soltis, MSN, APRN, RN-BC, PCCN, CCRN-CSC-CMC, CCNS, FCNS, FCCM  
*Senior ECMO Clinical Support Specialist  
Fresenius Medical Care-North America  
Cary, North Carolina*

10:50 AM **Break**

11:05 AM **Update of Cardiac Issues: Atrial Fibrillation, Valvular Heart Disease, Ventricular Arrhythmias**  
Gail Markowski, DNP, ANP-C, ACNP-C, CCRN

12:20 PM Lunch

1:20 PM **Documentation Pitfalls: How to Protect Your License and Avoid Liability**  
Lisa M Soltis, MSN, APRN, RN-BC, PCCN, CCRN-CSC-CMC, CCNS, FCNS, FCCM

2:20 PM **Break**

2:40 PM **Clot Wars: Unleashing the Force of Antithrombotics in the Critically Ill Patient Population**  
Brian Gilbert, PharmD, MBA, BCCCP, BCPS, FCCM, FNCS  
*Department of Pharmacy  
Emergency Medicine Clinical Pharmacy Specialist  
Residency Program Director – Critical Care Pharmacy  
Wesley Medical Center  
Wichita, Kansas*

3:55 PM **Adjourn**





# CONTINUING EDUCATION

## Nursing

The Wichita State University College of Health Professions is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 7.5 contact hours applicable for RN, LPN, or LMHT relicensure\*. Kansas State Board of Nursing provider number: LT 0090-0327.

*\*Continuing nursing education credits will be available up to 9 days after the conference has ended. Participants must watch the session in its entirety and complete the evaluation by 11:59 pm on Sunday, September 24 in order to receive credit.*

## Live Respiratory

The Wesley Medical Center CEU Evaluator has approved this program for 7.5 hours of Live Respiratory Continuing Education on behalf of the Kansas Respiratory Care Society, a chapter society of the AARC. Credits for respiratory are only available during the conference for live attendees. Providership # KRCS 029

## EMS

This program offers 6.5 hrs of cardiac-specific EMS CEs. Participants will need to self-submit retroactively.

# REGISTRATION

This year's symposium will offer both a virtual option and a watch party style in person option. Virtual attendees will receive a Zoom link and can watch the symposium from their own home or office. The in-person event will take place at the Wichita State University's Eugene M. Hughes Metropolitan Complex in Wichita, KS. Breakfast will be included for in-person attendees. This watch-party style event provides a great setting for discussion and networking.

# SYMPOSIUM COMMITTEE

**Suzie Blasi**, BSN, RN, CCRN-K, Clinical Educator, Wesley Medical Center

**Shayla Potter**, BSN, RN, Clinical Educator, Wesley Medical Center

**Ann Jensen**, BSN, RN, Coordinator Chest Pain Center, Wesley Medical Center

**Shannon Schreiner**, BSN, RN PCCN, CCRN-CMC, Clinical Nurse Coordinator, CNCCU, Wesley Medical Center

**Tiffany Siroky**, BSN, RN, CPN, Coordinator Quality Performance Improvement, Wesley Medical Center

**Rachel Love**, BSN, RN, Manager, Risk Management, Wesley Medical Center

**Cheryl Donelan**, MSN, MBA, RN, Manager of Quality and Regulatory Compliance, Wesley Medical Center

**Molly Kohler**, BSN, RN, Clinical Educator, Wesley Medical Center



# 38TH ANNUAL TOWNSEND CARDIOVASCULAR NURSING SYMPOSIUM REGISTRATION FORM

Register online at [www.wichitamedicalresearch.org](http://www.wichitamedicalresearch.org)

\*Only complete form if you are unable to register online.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Classification:  RN  ARNP  LPN  RCP  EMS  Other: \_\_\_\_\_

License #: \_\_\_\_\_

## I will be attending

In-person (watch party style) - \$35

Virtually (zoom link) - \$25

## PAYMENT DETAILS

Check (Make check payable to: Wichita State University Conference Office)

Credit Card (Debit card payments are not available)

Visa  MasterCard  Discover

# \_\_\_\_\_ Exp. Date: \_\_\_\_\_ CVV: \_\_\_\_\_

Signature: \_\_\_\_\_

Mail registration and payment to:  
Wichita State University, 1845 Fairmount St., Box 136, Wichita, KS 67260-0136  
or fax it to (316) 978-3064

Questions? Call (316) 978-6493